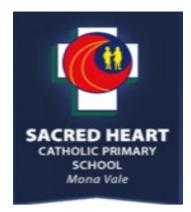
MORNING TEA	
Arrowroot biscuits (O)	\$0.10
Banana Bread (E)	\$1.50
Choc Chip Muffins (O)	\$1.00
Corn Chips (E) (GF) with Salsa	\$1.00
Fruit Cups (E) (GF)	\$1.00
Jelly Cups (E)	\$1.00
Piranha Chips (E) (GF)	\$1.40
(Honey Soy, Salt & Vinegar, BBQ)	
Popcorn (O) (GF)	\$1.50
Pretzels	\$1.00
Rice Cups (E) (GF)	\$1.00
With option of honey soy sauce (Not GF)	
Custard cup (E) (GF) \$1.00	
Red Rock Chips(O) Sea Salt	\$1.40

DRINKS Chill J Sparkling mineral juice (E) Blackcurrant or Raspberry	\$2.50
Juice (E) Apple, Paradise Punch	\$2.20
Milk (E) Chocolate or Strawberry Water 350ml	\$2.50 \$1.50

# Twisted Frozen Yoghurt (E)(GF) \$2.00 Mango/ W melon, vanilla & chocolate Lemonade Icy Twists (O) (GF) \$1.50 Quelch Fruit Sticks (E) (GF) \$0.50

# **CANTEEN MENU 2024**



#### **LUNCH HOT**

Butter Chicken and Rice (E) GF	Small \$3.90
MONDAYS & FRIDAYS	Large \$5.90

Garlic Roll (E)		\$1.50
Hamburger (E) MON	DAYS_	\$4.90
(Beef patty, Lettuce, Tomato, Beetroot, with choice of		
BBQ or tomato sauce	With Cheese	\$5.40
Meat Pie (O)MONDAY & FRIDAYS		

Small \$2.50 Large \$3.50 Sauce \$0.30

# Beef Nachos (E) GF THURSDAY Large

cheese and sour cream	<b>\$</b> 5.90
Pasta (E) with Napolitana sauce Small	\$4.00
MONDAYS & THURSDAYS Large	\$5.40
Pizza (E) Sauce, ham, pineapple & cheese	\$2.00
Rice (E) (GF) with honey soy sauce Small	\$3.00
Large	\$4.20

# Sweet Chilli Chicken Wrap (E)

THURSDAY & FRIDAYS ONLY \$4.90

(Lettuce, Mayo and choice of sweet chilli sauce, BBQ or tomato sauce)

Sausage Roll (O) THURSDAYS ONLY \$3.50

Sauce \$0.30

#### **LUNCH COLD**

Fruit Salad (E) (GF)	Small	\$3.90
	Large	\$4.90
(Watermelon, Strawberry, Kiwi, Orang	ge, Grapes	Pineapple
Salad (E) (GF)	Small	\$3.90
	Large	\$4.90
/O	. D. (*)	

(Carrot, Cucumber, Lettuce, Tomato & Beetroot)

Add:Chicken, Ham, Egg or Tuna (each)\$0.50

# Sushi (E) (FRIDAYS ONLY)

\$4-4.50

Avocado (GF) Teriyaki Chicken, Tuna, Chicken Katsu, Salmon.

Avocado or Tuna Baby Box

### Rice Paper Roll (E) \$4.50

(Teriyaki chicken, Carrot, avocado, Capsicum & mixed salad

#### **SANDWICHES**

Cheese (E)		\$3.20
Chicken (E) (Roast Chicken)		\$4.20
Egg (E)		\$3.20
Ham (O)		\$3.20
Ham and Cheese (O)		\$3.90
Ham Cheese and Tomato (O)		\$4.30
Salad (E)		\$4.80
(Carrot, Cucumber, Lettuce, Tomato,	& Beetroo	t)
Tuna (E)		\$3.20
Vegemite (E)		\$3.20
Wraps & extra fillings add	each	\$0.50
Extra Options: Toasted		
Condiments available: Butter, Salt,	Pepper, M	ayonnaise,
BBQ, Tomato & Sweet Chilli sauce		

# ONLINE LUNCH ORDERS THROUGH QKR ONLY

Canteen is open Monday, Thursday & Friday Morning Tea: 10.45-11.15 am Lunch: 1.10pm-1.50pm

Canteen co-ordinator- Kay Neale Email: shmvcanteen@dbb.org.au

E Everyday ¾ menu
O Occassional ¼ menu

GF Gluten Free