



# Sacred Heart Catholic Primary School

Cnr Waratah & Keenan Street, Mona Vale NSW 2103

T: (02) 9999 3264

W: [www.shmvdbb.catholic.edu.au](http://www.shmvdbb.catholic.edu.au) • E: [shmv@dbb.catholic.edu.au](mailto:shmv@dbb.catholic.edu.au)

## Term 4 Week 7 – 28 November 2019

<b>Term 4 Core Value:</b>	Service
<b>School Rule:</b>	We are of service to others and in the environment when we...
<b>Expectation of Behaviour:</b>	Clean up an area of the playground

Dear Parents

This Sunday we begin the beautiful season of Advent. As the weather warms up and Christmas parties begin let us take a minute to reflect on this joyous time of year and the many blessings we have in our lives and try and not get caught into the hype of the season.

### *Prayer for Advent*

*Lord of all,  
you are a God of plenty, a Lord who provides  
for us in our need.  
As I begin these early days of Advent  
help me to believe that you know what I need.  
Give me the courage to listen to your voice  
and the freedom  
to open my heart to the graces you are  
offering me to place my trust in you.  
Amen.*



Next **Friday, 6 December** Miss Elodie from Kindergarten will be “Principal for the Day”. Miss Elodie has asked that all children wear mufti for the day, bring a gold coin for the bushfire appeal and bring a picnic blanket to enjoy a picnic sitting on rugs on the school oval.

Congratulations to Sam K in Year4 who has been awarded the 9 years National Physical Culture Champion at Homebush. This is the third time Sam has been awarded National Champion. Gabby K reached the 7 years National Finals for Physical Culture. Exceptional effort by both girls!

Our first “Playground Committee” meeting will be held on Monday, 2 December at 2 pm in the library. Any parent who is interested in sharing their ideas or contacts is welcome to attend.

The BYODD information session for parents of students in Year 3 was very well attended last week. A booklet sharing the vision for our school around the BYODD was distributed and Year 4 showcased their work using technology in the classroom for our 25 visitors. Any parent who was not present would have received this information booklet through their classroom teacher.

A very strong field of speakers presented their leadership speeches in our hall for the positions of School Captain, Vice Captain and Sport’s Captain on Tuesday morning. A total of 25 students presented themselves for School Captains. Congratulations to all students, the standard of speaker was exceptional. School Captain, Vice Captain and Sport’s Captains will be announced at the final Mass for 2019 on Wednesday, 18 December at 10:30 in our Sacred Heart Church. There will be a commissioning of all Captains at our opening mass next year at 9:30am on Wednesday 5 February.

**Respect**



**Compassion**



**Justice**



**Service**

We are delighted to announce that Mrs Kate Warner-Smith has volunteered as the Hub President for 2020. Thankyou Kate! Our model of gathering volunteers for school events has been streamlined for 2020 and each year group has been allocated an event. In Term one, Year one class parents are asked to coordinate the “Tea and Tissues” morning tea for the first day of kindergarten 2020. So Kindergarten 2019 parents are asked to note this date early into their calendars so that they are available to assist on the day either baking, serving tidying up! Thank you.

Kind regards,

**Mrs Suellen Garey**  
**PRINCIPAL**

Like and follow us at: [facebook.com/sacredheartmonavale](https://facebook.com/sacredheartmonavale)

Like and follow us at: [twitter.com/SHMV16](https://twitter.com/SHMV16)



## Religious Education



**This coming Sunday is the beginning of Advent.**

### **Prayer for Advent**

God of Love,  
Your son, Jesus, is your greatest gift to us.  
He is a sign of your love.  
Help us walk in that love during the weeks of Advent,  
As we wait and prepare for his coming.  
We pray in the name of Jesus, our Saviour.  
Amen.



### **Advent Liturgy**

Kindergarten is leading our Advent Liturgy this Friday, 28 November in the school playground at 9:15am. All parents are welcome to join us.

### **St Vincent de Paul – Christmas Hamper Appeal**

We are beginning our Christmas Hamper Appeal collecting of non-perishable food which will be distributed to families through the St Vincent de Paul Society.

Students are asked to donate goods to families and people in need, so that they too may enjoy the delights that Christmas brings. Each class has been given the following items to collect and place in a basket in their classroom by **Monday, 2 December**. (Please do not leave items at the office).

KQ – SAVOURY BISCUITS	3L – TINNED TUNA, SALMON or HAM
KT – SOAP, TOOTHPASTE, DEODORANT	3-6S – LOLLIES
1RP – FRUIT CAKE, PUDDING	4C – PASTA AND PASTA SAUCE
1S – TINNED FRUIT	4S – CANNED SOUP, SPAGHETTI, MEATBALLS, etc
2C – SHORTBREAD OR BISCUITS	5P – COFFEE, TEA,
2D – NON REFRIDGERATED JUICE or UHT Milk	5M- MILO, VEGEMITE, JAM, HONEY
3M – CHIPS OR PRETZELS (Large Bags)	6N – CORN CHIPS/SALSA
	6F – LOLLIES



## *Christmas Eve Mass*

### Helpers for Christmas Eve Mass!

Pittwater Parish is renowned for its 5pm Children’s Mass on Christmas Eve and of course we need lots of helpers and children to participate. We need helpers to put out the chairs from 9am – 10am on the day. There will be other jobs which can also be allocated. Please email your reply to [shmv@dbb.catholic.edu.au](mailto:shmv@dbb.catholic.edu.au) with the heading:

“Christmas Eve Mass Helper”

### Christmas Eve Liturgy/Play Participation (Children)

Children participation in our Christmas Eve Mass is part of the magic of this special occasion. I would like to include the children from our school who will be attending the Christmas Eve Liturgy/Play to take on roles.

We will need readers, dancers, singers etc. If you know that you will be attending the mass and would like your child/children to be involved, Please email your reply, [shmv@dbb.catholic.edu.au](mailto:shmv@dbb.catholic.edu.au) with the heading:

“Christmas Eve Liturgy Child Participation”

### **Dates to Remember**

Friday 29 November @ 9:15am Advent Liturgy led by Kindergarten, School Playground

Wednesday 4 December @ 9:15am Year 1 and Year 4 Class Mass, Sacred Heart Church

Wednesday 11 December @ 5pm Year 6 Graduation Mass, Sacred Heart Church

Wednesday 18 December @ 10:30am Whole School Mass of Thanksgiving, Sacred Heart Church

### **Prayers**

If you have any Good News or if you need our prayers, please see me at school or contact me by phone.

**Chris McBryde, Religious Education Coordinator**

**PARISH WEEKLY BULLETIN** can be found [here](#)

## **Wellbeing**

### **POSITIVE Behaviours for Learning**

At Sacred Heart we are always working at **Growing the Green** through Positive Behaviours for Learning. **Growing the Green** refers to the PBL Tier 1 Behaviour Management Systems that we have in place.

#### *What are the Tier 1 Management Universals?*

The Tier 1 Universals are the Core Values and Expectations, Reteaching, Redirecting and Responding to behaviour areas, Procedures and Routines, Classroom Environments, Active Supervision by staff, Respectful Relationship Groups and Student Voice.

The emphasis on having Positive Behaviours for Learning happens in all areas of school life. At Sacred Heart the physical environment is organised so that there is a variety of choice and different learning and playing spaces that are well organised and cater for different student’s needs. One example of how this is achieved at Sacred Heart is through the variety of playground experiences and Lunch Clubs that are offered.

*Did you know your child could be playing or attending a different lunch club each week?* We offer Dance Club, Chess Club, Science Club and Library. We have a variety of play spaces such as Wonder World, Mrs Browne’s Lunch Club, Tash’s Corner and the Oval.



The children across K-6 recently completed the 'School Life Survey' which asks them about their feelings around school in regards to the playground and the classrooms. The children all had very positive comments about their learning and the playground. They especially liked the variety of Lunch Clubs, STEM Garden, the recently painted playground and the Waste reduction that has happened at Sacred Heart this year.

Positive Behaviours for Learning are supported by making connections with each other and this especially happened last week with our Wellbeing Week.

Thank you to all the children and parents who made such a great effort for Crazy Hair Day on Friday. It was wonderful to see so many children sharing their diversity and connecting with each other by making a gold coin donation for our farmers.



And finally, here are some great lunchbox ideas in case you're struggling with what to include in your child's lunchbox at this time of year.

**Live Life Well @ School**

**LUNCHBOX IDEAS**

Receive fortnightly e-newsletters by sending your name, email address and postcode to [lookatlunches@gmail.com](mailto:lookatlunches@gmail.com)

Let's Look at Lunches is a Northern NSW Local Health District resource

**Health**  
Northern Sydney  
Local Health District

**Skye Nolan-Brown, Co-ordinator**



**COMPASS – Parent Portal**

A reminder that school reports can ONLY BE ACCESSED via the Parent Portal in COMPASS. Please make sure you can log-in to the Parent Portal beforehand.



Please note that COMPASS has changed it's logo, so when looking for the app in your app store, search for Compass School Management and look for these logos:



If you are having difficulty accessing the app, perhaps deleting the app and reloading, or turning your phone off completely and turning it back on may reset any glitches for you. Otherwise, contact the school office and we will try to assist you.

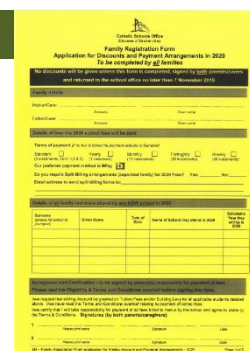
**Carol and Karen**

**Family Registration 2020 Form**

**Yellow** 2020 Family Registration forms are now overdue. Another yellow form has been sent home to the relevant families for completion, asap.

**Please note :**

- ❖ **ALL Families** at the school must complete the form. (For children leaving the school, we need to know the school they are going to).
- ❖ **Even if you're child is leaving the school at the end of this year, the form still needs to be completed indicating their school for 2020.**
- ❖ **No discounts** will be given unless this form is completed, signed by both parents.



**Carol Bartlett, Senior Admin**

**Birthdays**

**Happy Birthday** from all at Sacred Heart to the following students who had their birthday this week:

- |           |            |            |          |          |
|-----------|------------|------------|----------|----------|
| Jack C,   | Jasmine M, | Charli S,  | Henry P, | Arden C  |
| Imogen B, | Byron B,   | Addison D, | Skye S   | Oliver P |



**Canteen News**

CANTEEN ROSTER (start 9.30am - finish 1.45pm)	
<b>Mon 2 Dec</b>	Jacqui C, Emma W
<b>Thur 5 Dec</b>	Keira L, Monique F
<b>Fri 6 Dec</b>	Danielle C, Alex C, Leanne K



If you would like to be a volunteer (current or new volunteers), please complete the form overleaf.

**Kay Neale – Canteen Co-ordinator**



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## APPLICATION FOR CANTEEN VOLUNTEERS

- WHERE:** Sacred Heart School Canteen
- HOURS:** 9.30am and finish at 1.45pm, however if you are unable to commit to these hours, please contact Kay to discuss options (eg.10:50 to 1:30pm). I will be happy to accommodate you.
- WHEN:** The canteen is open 3 days a week - Mondays, Thursdays and Fridays.
- SALARY:** A light lunch. Plenty of tea and coffee. New friendships.
- BONUS:** Your children/grandchildren are happy to see you.  
You get to meet their friends and classmates.  
You meet new people and make good friends within the school community.  
You get to spoil your children by spending a little extra money.
- BENEFITS:** Supporting school activities.  
Being part of your children’s educational environment.  
Meeting other parents and families.  
Hearing and keeping up to date with school news.  
Experience in the hospitality industry.

**\*\* All canteen volunteers must complete the necessary volunteer paperwork and be inducted\*\***

If you are able to assist, please tick your preferred options and return to the office.

If you have any questions, contact Kay on 0416 262 458.

Kind Regards

**Kay Neale - Canteen Co-ordinator**

.....✂.....

## CANTEEN ROSTER 2020

Name: \_\_\_\_\_  
(Please print)

Eldest Child’s name: \_\_\_\_\_

Email: \_\_\_\_\_

Mobile Number: \_\_\_\_\_

I am able to help in the canteen on a:

**DAY**

- Monday                       Thursday                       Friday

**I would like to be rostered on:**

- Once a month (2-3 times a term)     Once a term
- As an emergency contact for                       Mondays                       Thursdays                       Fridays

Dates that I cannot volunteer: \_\_\_\_\_

## Kiss & Drop Morning Volunteers

If you would like to volunteer for the Kiss and Drop Roster please contact Rebecca Molinaro at [becmolinaro@outlook.com](mailto:becmolinaro@outlook.com). Volunteers are always needed.



Monday	Tuesday	Wednesday	Thursday	Friday
			<b>28 November</b>	<b>29 November</b>
			Rebecca M	Georgina D

**Rebecca Molinaro – Kiss and Drop Co-ordinator**

## The Hub

### Uniform Shop

The uniform shop is low on 2<sup>nd</sup> hand stock for summer uniforms. If you have any good quality summer uniforms that you no longer require, please drop them off to the office or to the uniform shop. If you can spare 20 minutes at the end of a day to help in the uniform shop, it would be most appreciated.



### Gingerbread Houses

Gingerbread houses have now all been collected. A huge thank you to the volunteers who gave their time to create and/or distribute to the many families who ordered them.

### Volunteers Cocktail Party

**SAVE THE DATE:** 6 December, 7pm. More details to follow....

**Amanda Lewis / Grant Howard (Co-Presidents)**

Email: [sacredhearhub@gmail.com](mailto:sacredhearhub@gmail.com)

Website: [www.shmvp.com](http://www.shmvp.com)